



4° CONGRESSO NAZIONALE FRAGILITY FRACTURE NETWORK - ITALIA

*Appropriatezza, Qualità e Sostenibilità delle
Cure nel Percorso Ortogeriatrico*



LUNCH SYMPOSIUM

Salvaguardare la relazione paziente- caregiver

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Health Psychologist, PhD in Education
FFN EduCom Chair, FFN Italy EduCom Chair
Lecturer



Università telematica delle
Camere di Commercio Italiane

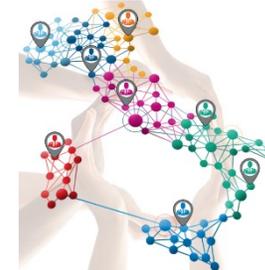


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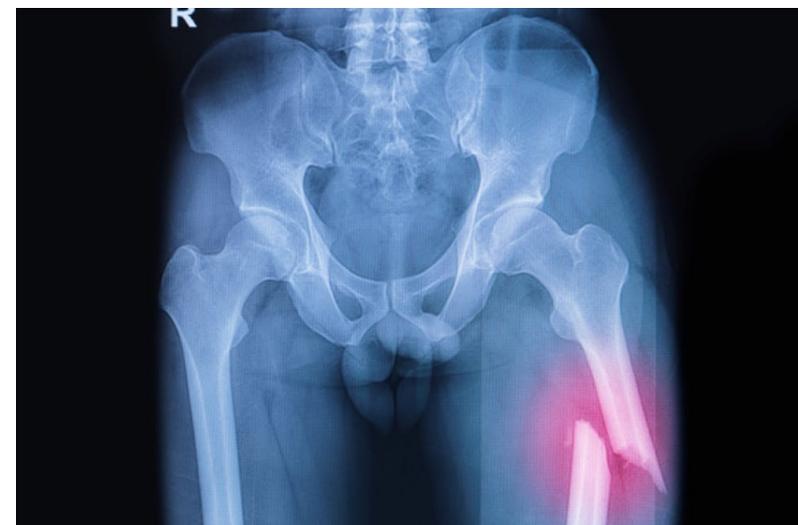


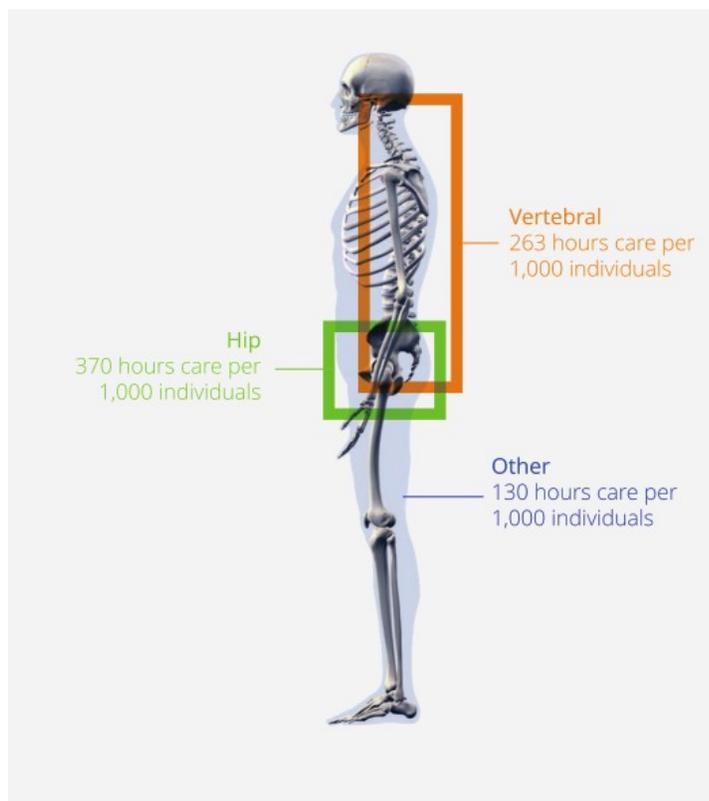
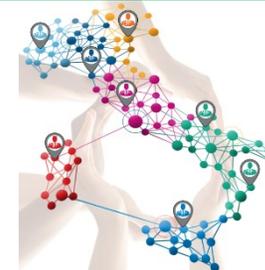
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- Fragility fracture is one of the major causes of loss of self-sufficiency in older patients;
- Most of patients hospitalised with hip fracture are discharged quickly after surgery and therefore the rehabilitation task of caregiving often “falls on the shoulders” of a caregiver within the family.

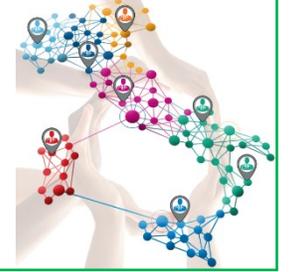




As a result of reduced ability to complete activities of daily living, individuals who have suffered a fragility fracture may rely on informal caregivers

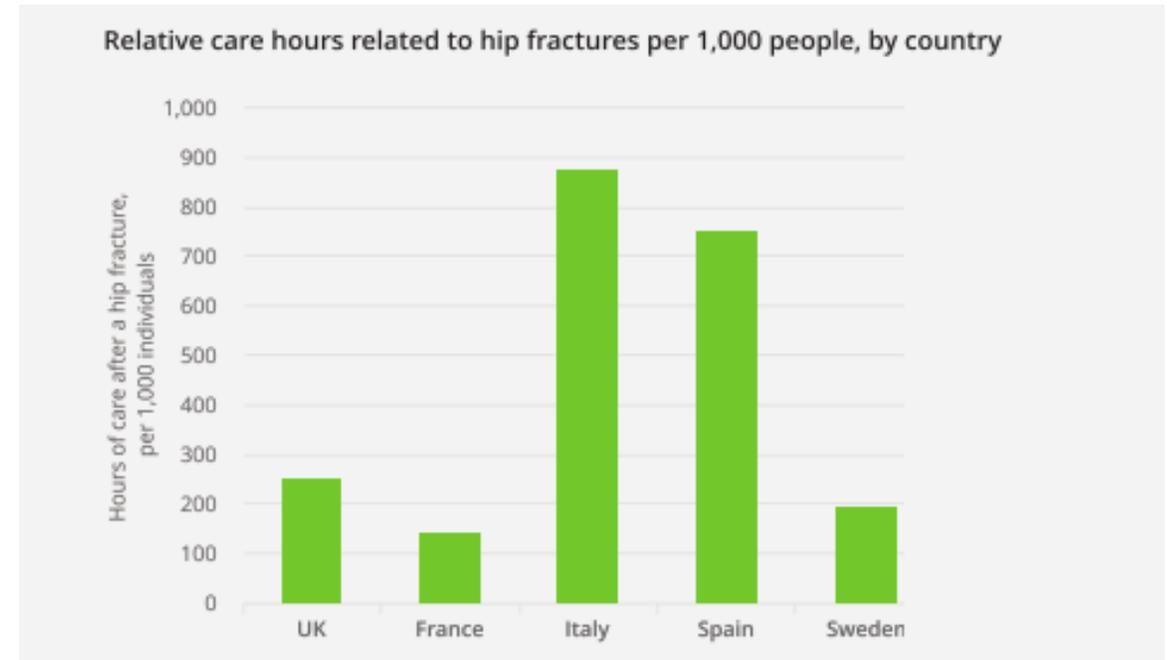
During the first year after a fracture, the hours of care provided by relatives vary greatly by fracture type: the more serious the fracture, the more support is needed

(Svebdom et al., 2018; figure taken from IOF Report, 2018)



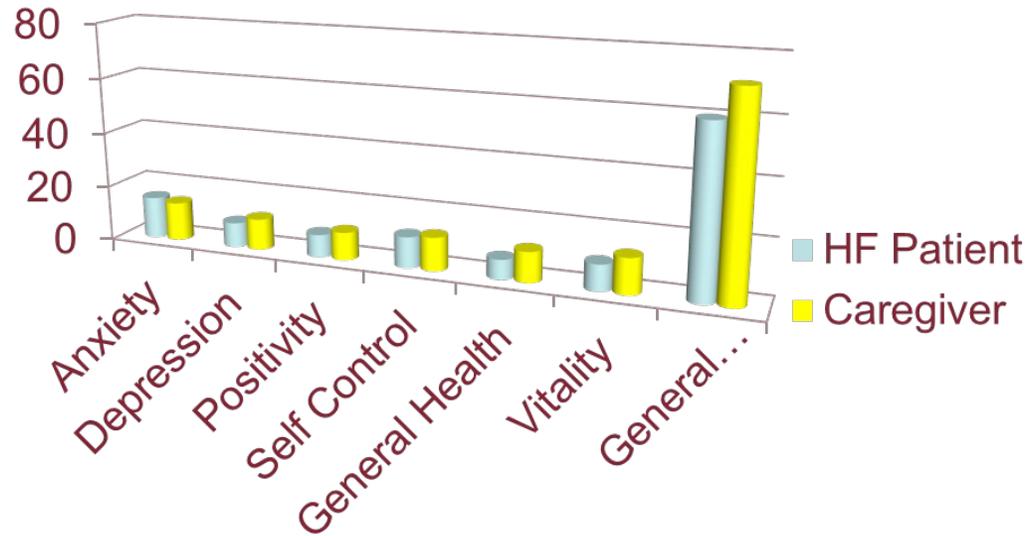
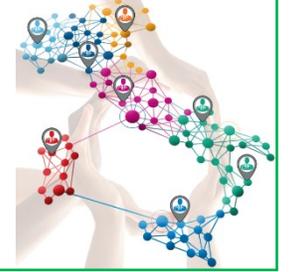
The hours of care provided by relatives vary greatly also by country

In countries where cross-generational support is more established, the impact of fragility fractures on caregivers is generally higher



(EUROCARERS, 2018; figure Modified from IOF Report, 2018)

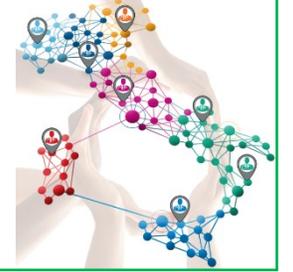
Psychological wellbeing in HF patients and their carers



(Eleuteri et al., 2016)

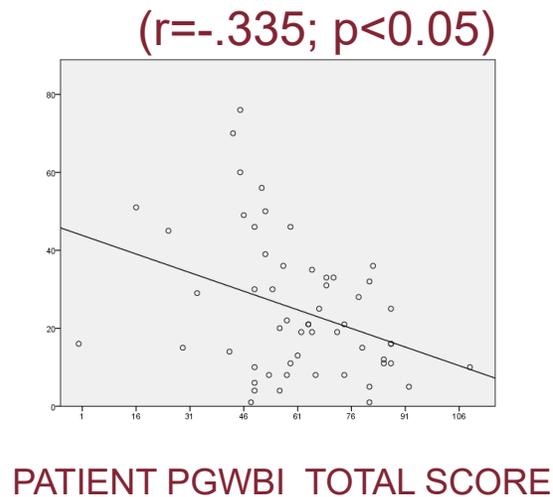
Lower levels of depressive disorders and of anxiety disorders and higher levels of health, vitality, positivity and self-control in the caregiver correspond to a better functional outcome in the patient ($p < 0.01$)

Psychological wellbeing in HF patients and their carers



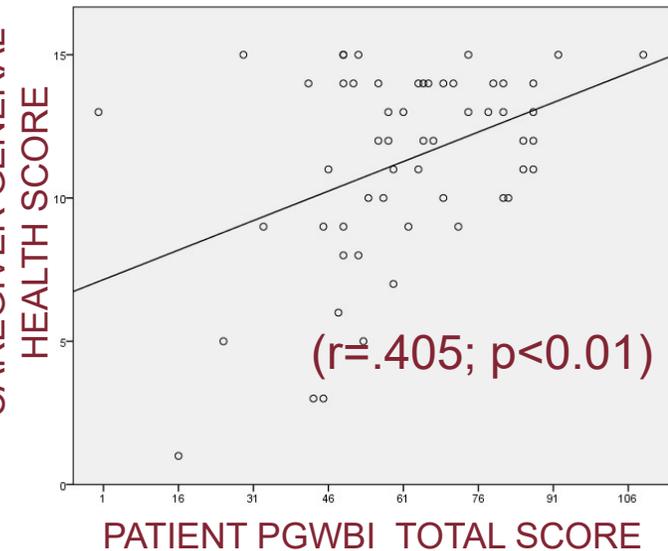
The CBI total score is negatively related with patient's PGWBI score

CAREGIVER CBI SCORE

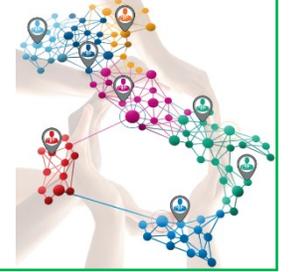


Patient's PGWBI score is related with the caregiver's PGWBI General Health subscale score

CAREGIVER GENERAL HEALTH SCORE



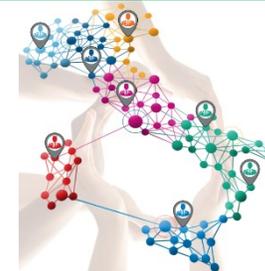
(Eleuteri et al., 2016)



Differences in ADL score and autonomus mobility capacity in participants whose caregivers reported higher or lower burden

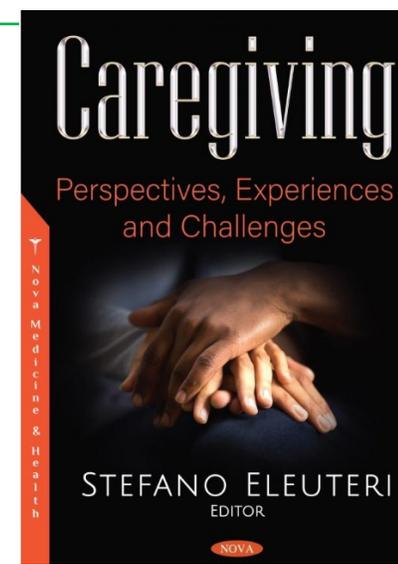
	ADL2	WALKING
Mann-Whitney U	209,00	256,00
Wilcoxon W	485,00	556,00
Z	-2,618	-2,273
Asymp. Sig. (2-tailed)	,009**	,023*

(Eleuteri et al., 2016)



- We also have evidence that **health education can be effective in improving functional recovery and patient adherence.** Has been identified as a key element of the effectiveness of fracture coordination units.
- Health education aimed at **empowering** the patient and caregiver for a safe transition to home, together with the support of these home hospitalisation units that could provide support during the first days of discharge home, could contribute to a reduction in referrals and an improvement in the functional recovery and quality of life of these patients.

Rojas-Ocaña *et al.*, 2021; Rojas-Sánchez *et al.*, 2009; Guevara *et al.*, 2011; Azzolin *et al.*, 2013; Corrales & Sánchez, 2018; Hernández Bernal *et al.*, 2018



SUPPORTING FAMILY CAREGIVERS OF OLDER ADULTS WITH HIP FRACTURE: THE ROLE OF EDUCATIONAL COURSES

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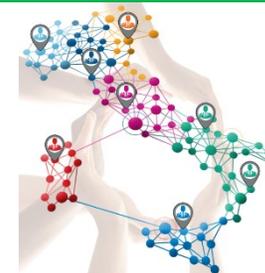
Description

Reviews

Traduzione e adattamento: Stefano Eleuteri

Al termine di questo modulo il caregiver sarà in grado di:

- Definire il termine "caregiver"
- Conoscere i sintomi correlati al sovraccarico assistenziale del caregiver
- Comprendere la connessione tra la salute psicologica della persona assistita e quella del caregiver
- Conoscere le strategie per prevenire il sovraccarico assistenziale e per essere un caregiver competente
- Riconoscere l'importanza delle reti di supporto nel processo di assistenza



Description

Reviews

Traduzione e adattamento: Stefano Eleuteri

Al termine del modulo, il caregiver sarà in grado di:

- Definire il termine "stress";
- Conoscere i sintomi e le cause dello stress del caregiver;
- Sapere come reagire allo stress;
- Comprendere e conoscere le strategie per la gestione dello stress.



☰ Corso digitale per una cura consapevole dei pazienti con fratture da fragilità



SUCC >



Posta in arrivo (51.59) x Posta in arrivo (6.215) x Posta in arrivo (251) x Posta in arrivo (135) x SURVE

sigg.it/news/survey-sigg/

Survey rivolta ai medici specialisti e ai medici in formazione per indagare la gestione e le caratteristiche cliniche dei pazienti anziani con cardiopatia ischemica cronica.

Link: https://redcap.link/SIGG_CIC

Gruppo di Studio sulla prevenzione del maltrattamento nell'anziano VALUTAZIONE DEL BURNOUT DEL PERSONALE E COMPORAMENTI POTENZIALMENTE INADEGUATI VERSO GLI ANZIANI ACCOLTI IN RSA

Il questionario è anonimo e può partecipare il personale sanitario ed assistenziale (medici, infermieri, operatori socio sanitari, fisioterapisti, educatori, psicologi, altri operatori socio-assistenziali)

Il questionario è accessibile al [SEGUENTE LINK](#)

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EuGMS - European Geriatric Medicine Soci @EuGMSsocie · 27 de nov ·

👉 If you're a HCP or final-year medical student, please answer our PROGRAMMING survey on educational needs in the care of #olderpeople. >20 languages

cost-programming.eu/survey/

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PROGRAMMING
PROMOTING Geriatric Medicine in countries where it is still emerging

PROGRAMMING SURVEY

- PROGRAMMING COST Action 21122 (cost-programming.eu) focuses on the education and training of non-geriatrician healthcare professionals
- Our aim is to define curricula on fundamental principles of Geriatric Medicine (GM)
- To adapt these curricula in healthcare professionals' educational needs and the context of involved settings we launch a web-based survey
- The survey targets medical doctors of all specialties, health care professionals, gerontologists, final year medical students and managers of health structures across European and neighboring countries

HELP US PROMOTE EDUCATION IN GERIATRIC MEDICINE FOR ALL HEALTH PROFESSIONALS CARING FOR OLDER PEOPLE FOR A BETTER QUALITY OF CARE FOR OUR SENIORS

cost-programming.eu/survey

GIVE US A HAND! PARTICIPATE IN OUR SURVEY

cost PROGRAMMING COST ACTION CA21122
PROMOTING Geriatric Medicine in countries where it is still emerging

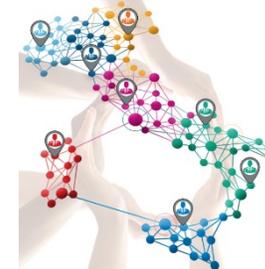
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Thanks for your attention!

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