



# 4° CONGRESSO NAZIONALE FRAGILITY FRACTURE NETWORK - ITALIA

*Appropriatezza, Qualità e Sostenibilità delle  
Cure nel Percorso Ortogeriatrico*



## LUNCH SYMPOSIUM

### Il progetto INTERFACE

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Health Psychologist, PhD in Education  
FFN EduCom Chair, FFN Italy EduCom Chair  
Lecturer



Università telematica delle  
Camere di Commercio Italiane

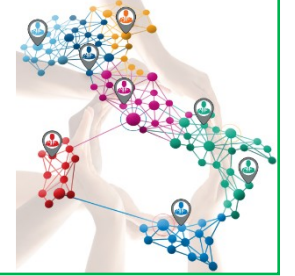


LUMSA  
UNIVERSITÀ



SAPIENZA  
UNIVERSITÀ DI ROMA





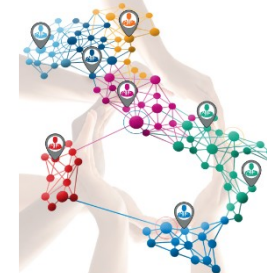
One of the biggest public health challenges we now face globally is the frequency of hip and other fragility fractures the major cause of aging populations around the world. In higher income countries, this process has been under way for many years, and we have had the time to learn that there are two innovations that can help us cope with the challenges

They are:

- (1) orthopaedic–geriatric co- management of the acute fracture episode
- (2) secondary prevention, reliably delivered by a Fracture Liaison Service model

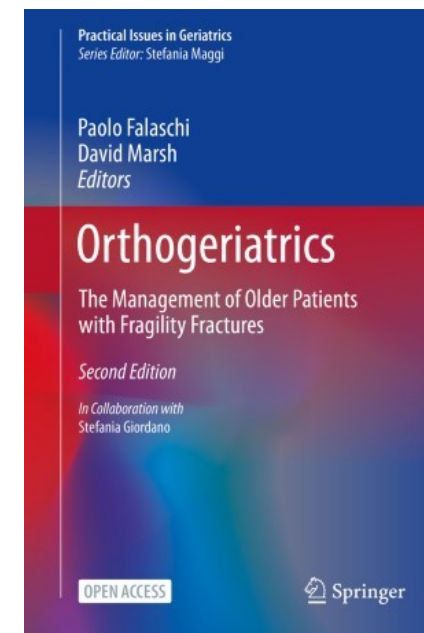


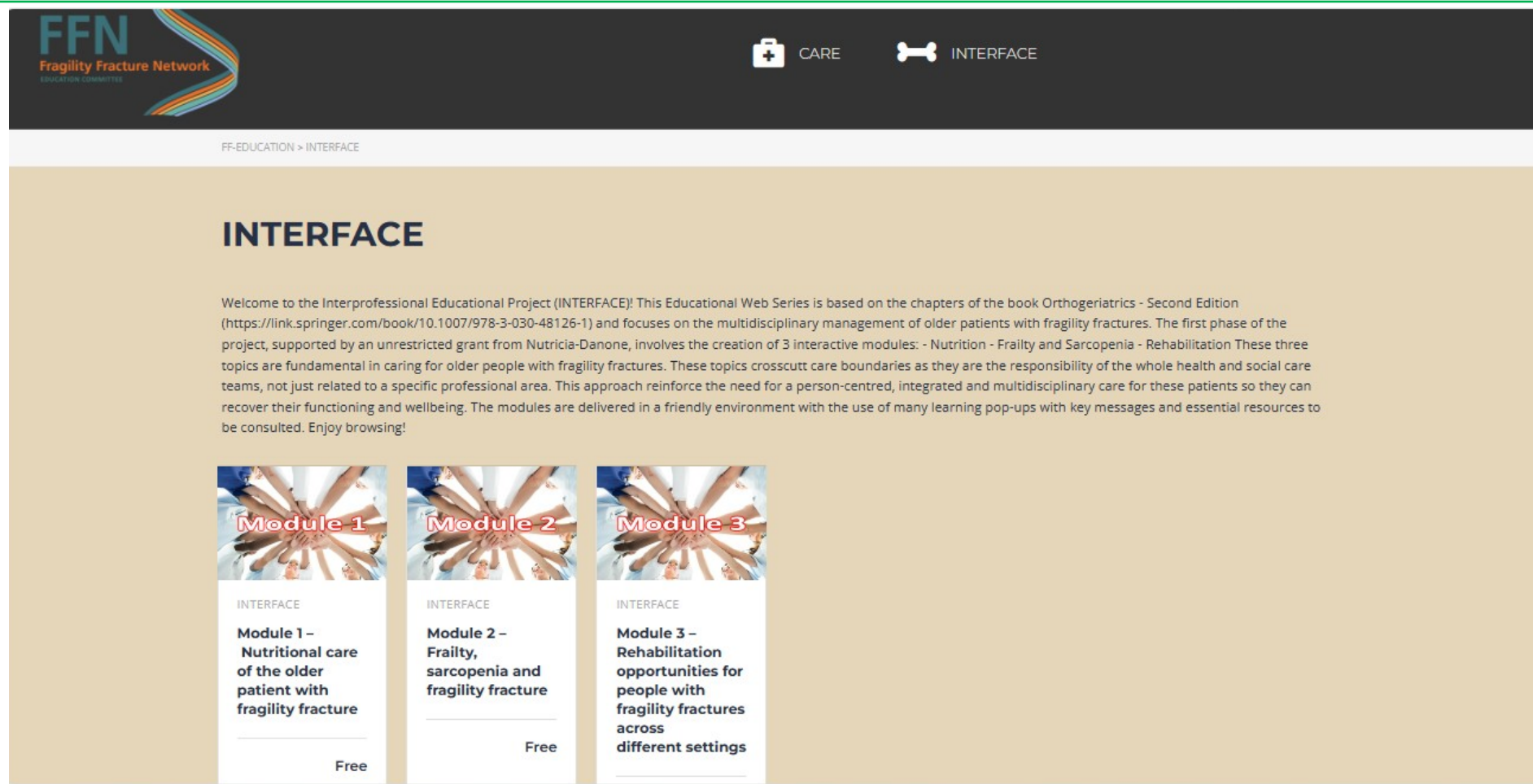
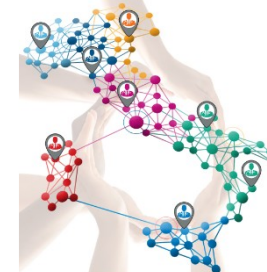
# Frailty, nutrition and rehabilitation



The project will be based on 19 modules, the 19 chapters of the OG2 book, beginning with 3 pilot topics ...

- Frailty
- Nutrition
- Rehabilitation






**FFN** Fragility Fracture Network EDUCATION COMMITTEE

CARE INTERFACE

FF-EDUCATION > INTERFACE

## INTERFACE


Welcome to the Interprofessional Educational Project (INTERFACE)! This Educational Web Series is based on the chapters of the book Orthogeriatrics - Second Edition (<https://link.springer.com/book/10.1007/978-3-030-48126-1>) and focuses on the multidisciplinary management of older patients with fragility fractures. The first phase of the project, supported by an unrestricted grant from Nutricia-Danone, involves the creation of 3 interactive modules: - Nutrition - Frailty and Sarcopenia - Rehabilitation These three topics are fundamental in caring for older people with fragility fractures. These topics crosscut care boundaries as they are the responsibility of the whole health and social care teams, not just related to a specific professional area. This approach reinforces the need for a person-centred, integrated and multidisciplinary care for these patients so they can recover their functioning and wellbeing. The modules are delivered in a friendly environment with the use of many learning pop-ups with key messages and essential resources to be consulted. Enjoy browsing!



INTERFACE

**Module 1 – Nutritional care of the older patient with fragility fracture**


Free



INTERFACE

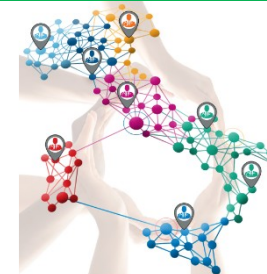
**Module 2 – Frailty, sarcopenia and fragility fracture**

Free



INTERFACE

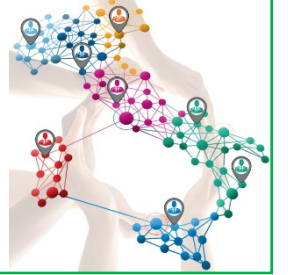
**Module 3 – Rehabilitation opportunities for people with fragility fractures across different settings**



Care and management of fragility fracture and prevention of future fractures as a multidisciplinary effort

The benefits of multidisciplinary approaches to care, supported by interdisciplinary education are well documented in the literature and is a principle on which FFN is based

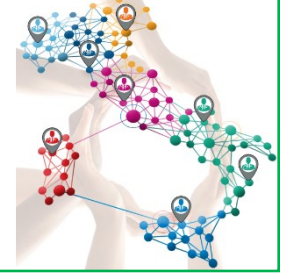
Multidisciplinary healthcare is essential for the person centred and effectively coordinated complex care required for those with fragility fractures



- 19 Chapter authors og OG2 accepted to become members of the Advisory Board to participate in the educational project through a coordinated approach to guided education
- Facilitator of international learning models that take into account culture and language
- IT Platform with virtual in depth environments or VLE



# INTERFACE – Interprofessional Educational Project



- Based on the chapters of the book Orthogeriatrics 2nd edition
- 3 interactive educational modules available now: Nutrition, Frailty & Sarcopenia, Rehabilitation
- For all healthcare professionals working with fragility fractures
- Free and user-friendly website

*Scan for information*



INTERFACE

**Module 1 – Nutritional care of the older patient with fragility fracture**



INTERFACE

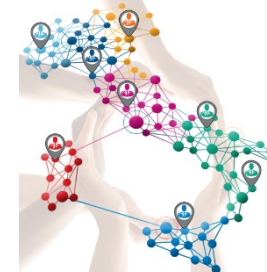
**Module 2 – Frailty, sarcopenia and fragility fracture**



INTERFACE

**Module 3 – Rehabilitation opportunities for people with fragility fractures across different settings**

# INTERFACE – Interprofessional Educational Project



Venerdì 19 gennaio 2024

**LUNCH SYMPOSIUM – NO ECM –  
L'IMPORTANZA DELLA NUTRIZIONE PER OTTIMIZZARE  
IL RECUPERO E LA RIABILITAZIONE NEI PAZIENTI FRAGILI  
E SARCOPENICI CON FRATTURA DI FEMORE: UNA RISORSA  
PER I PROFESSIONISTI SANITARI COINVOLTI  
PROGETTO INTERFACE**

*Moderatori: S. Eleuteri, S. Volpato*

- 13:00** Presentazione del Progetto Multidisciplinary Management of Older Patients with Fragility Fracture (MMOPF) - *S. Eleuteri*
- 13:05** Frailty and Sarcopenia.  
Commento tramite collegamento dal vivo - *M. Finbarr*
- 13:15** Implementing nutrition in patients with fragility fracture.  
Commento tramite collegamento dal vivo - *J. Bell*
- 13:25** Rehabilitation in frail sarcopenic patients.  
Commento tramite collegamento dal vivo - *M. Perracini*
- 13:35** Discussione degli argomenti trattati  
*Discussants: S. Volpato, M. Massucci, V. Boccardi*





Posta in arrivo (51.59) x Posta in arrivo (6.215) x Posta in arrivo (251) x Posta in arrivo (135) x SURVE

sigg.it/news/survey-sigg/

Survey rivolta ai medici specialisti e ai medici in formazione per indagare la gestione e le caratteristiche cliniche dei pazienti anziani con cardiopatia ischemica cronica.

Link: [https://redcap.link/SIGG\\_CIC](https://redcap.link/SIGG_CIC)

## Gruppo di Studio sulla prevenzione del maltrattamento nell'anziano VALUTAZIONE DEL BURNOUT DEL PERSONALE E COMPORAMENTI POTENZIALMENTE INADEGUATI VERSO GLI ANZIANI ACCOLTI IN RSA

Il questionario è anonimo e può partecipare il personale sanitario ed assistenziale (medici, infermieri, operatori socio sanitari, fisioterapisti, educatori, psicologi, altri operatori socio-assistenziali)

Il questionario è accessibile al [SEGUENTE LINK](#)

**4° CONGRESSO NAZIONALE FRAGILITY F**



EuGMS - European Geriatric Medicine Soci @EuGMSsocie · 27 de nov ·

👉 If you're a HCP or final-year medical student, please answer our PROGRAMMING survey on educational needs in the care of #olderpeople. >20 languages

[cost-programming.eu/survey/](https://cost-programming.eu/survey/)

🔄 Retweet in your native language!

#COST #COSTactions #ScienceWithoutBorders

@COSTprogramme

**PROGRAMMING**  
PROMOTING Geriatric Medicine in countries where it is still emerging

**PROGRAMMING SURVEY**

- PROGRAMMING COST Action 21122 (cost-programming.eu) focuses on the education and training of non-geriatrician healthcare professionals
- Our aim is to define curricula on fundamental principles of Geriatric Medicine (GM)
- To adapt these curricula in healthcare professionals' educational needs and the context of involved settings we launch a web-based survey
- The survey targets medical doctors of all specialties, health care professionals, gerontologists, final year medical students and managers of health structures across European and neighboring countries

HELP US PROMOTE EDUCATION IN GERIATRIC MEDICINE FOR ALL HEALTH PROFESSIONALS CARING FOR OLDER PEOPLE FOR A BETTER QUALITY OF CARE FOR OUR SENIORS

[cost-programming.eu/survey](https://cost-programming.eu/survey/)

**GIVE US A HAND! PARTICIPATE IN OUR SURVEY**

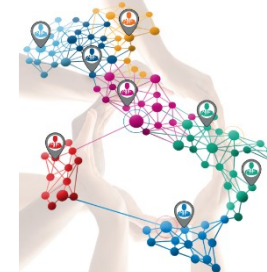
PROGRAMMING • COST ACTION CA21122  
PROMOTING Geriatric Medicine in countries where it is still emerging

[www.cost-programming.eu](https://www.cost-programming.eu)

**cost**  
EUROPEAN COOPERATION IN SCIENCE & TECHNOLOGY

Funded by the European Union

**EuGMS**  
EUROPEAN GERIATRIC MEDICINE SOCIETY



Thanks for your attention!

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